



The Chowder Trail Cookbook: A selection of the best recipes from Taste of Nova Scotia's Chowder Trail

Elaine Elliot, Virginia Lee

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What better way to get a taste of Nova Scotia than to enjoy a bowl of seafood chowder! Visitors know that Nova Scotia is rich in history, beauty, and seafood. In every town, at every stop along your way, you find Nova Scotians making chowder.

Now Nova Scotia boasts the world's first Chowder Trail, featuring local restaurants offering outstanding chowders to visitors and residents alike. Cookbook authors Elaine Elliot and Virginia Lee have selected the best of these recipes, tested and adapted them for home use and brought them together in this appealing collection.

Every bowl of chowder tells a story of its community's roots and local harvest. This collection of recipes offers home cooks many great ideas on how to use fresh seafood from the Atlantic coast combined with other seasonal ingredients to produce tempting, tasty and healthy dishes.

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