



# Memory Improved: Reading and Memory Enhancement Across the Life Span Through Strategic Text Structures

*Bonnie J.F. Meyer, Carole J. Young, Brendan J. Bartlett*

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## **Memory Improved: Reading and Memory Enhancement Across the Life Span Through Strategic Text Structures** Bonnie J.F. Meyer, Carole J. Young, Brendan J. Bartlett

This unique text presents a systematic study of a proven method for increasing the memory and reading comprehension of older adults by using a program based on discourse processing. The program facilitates the encoding and retrieval of information through a reading strategy plan utilizing top-level structures in the text. The authors of this volume provide student and teacher training manuals for the program as well as a review of the literature, data tables and graphs; an extensive bibliography; and five 1 1/2 hour sessions to improve memory and reading comprehension.

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