



Back in Control

Gregory Bodenhamer

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In just thirty days, you can get children to behave the way you want them to. Whether their misbehavior is as minor as letting the dishes pile up and the trash overflow or as traumatic as a drug habit and stealing, *Back in Control* will enable you to set and enforce rules that your kids will obey.

Back in Control is based on a highly successful program that has helped thousands of parents regain control over their children. Without compromising your values away or kicking the kids out of the house, it offers you the simplest, most effective method of childhood discipline to date. It presents a three-step formula that is perfect for virtually any adult wanting to control children's misbehavior.

Instead of getting caught up in children's arguments and manipulations, *Back in Control* shows parents how to reestablish their rightful place as bosses of the family. Teachers are able to devote more time to teaching than to disciplining students. Probation officers and social workers working with parents, in addition to managing their caseloads more effectively, are able to permanently stop children from abusing drugs or alcohol, stealing, running away from home, and being truant. Children themselves learn that there are some rules they must obey, whether they want to or not, and they will grow up believing that they can succeed in doing what is required of them.

Power belongs to those who use it. And if you don't, your children will. If your children's problem behavior is out of hand, it's time you got *Back in Control*.

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