



The Ultimate Guide to Making Chili: Easy and Delicious Recipes to Spice Up Your Diet

Kate Rowinski

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There is an endearing quality and nostalgia about the thoughts that are conjured up when one contemplates eating a nice, warm bowl of chili during the summer or winter. Chili recipes are often well-guarded secrets, passed down from one cook's recipe file to another's for decades, from generation to generation. Some chili cooks go strictly by the book and measure each ingredient, while other cooks add in a dash of this and a dash of that, going by taste and a general feel. Either way, chili recipes always end up delicious.

In *The Ultimate Guide to Making Chili*, Kate Rowinski shares her knowledge of this great dish and some of her favorite chili varieties. In a brief introduction to chili, Kate explores the origins of chili and different types of chilies, as well the fundamentals of creating a good 'bowl of red'.

The focus of the Ultimate Guide, however, is chili recipes. From the tradition-rich Texas-style chili to vegan chili and chili tortilla soup, the wide variety of dishes offers something for everyone. Rowinski shares chili recipes featuring pork, turkey, chicken, beef, and wild game, as well as a number of seafood and vegetarian varieties, along with some of the best side dishes a bowl of chili could wish for. With over seventy-five different recipes, this cookbook will have a dish for anyone who loves chili.

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