



# **The Pregnant Professional: A Handbook for Women Who Plan to Work During and After Pregnancy**

*Murphy Daley*

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According to the Bureau of Labor Statistics, more than half of all American mothers of infants work outside the home. This has been true for at least 15 years. Moms work in even greater numbers as their children get older. There are many resources to support a pregnant working woman during the pregnancy and after the baby arrives. There are a few pitfalls as well. This book is meant to highlight the twists and turns to help you navigate. The Pregnant Professional handbook is a practical, easy to read guide with specific actions and advice for every part of the journey. It's about work and your career, not about what to eat or whether it is normal to feel that symptom this early. Short and to the point, the Pregnant Professional lets you know what you should expect of yourself and your job. "I wish I had read this book when I was expecting my twins. The checklists alone are lifesavers. Now I'm giving a copy of this book to every expecting Mom I know." Ann Ricks, Ph.D. "Pregnant Professional is a concise, sensible guide for working women pregnant for the first time and preparing to go on maternity leave. For those of us who have very little time to read, the checklists are great!" Cathy Irwin

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