



El universo de lo sencillo: 50 reflexiones para crecer y amar como valientes (Spanish Edition)

Pablo Arribas

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Plantéate esta pregunta con sinceridad: ¿vives como soñabas o has dejado parte de tu vida en manos del miedo, la dificultad o la opinión de los demás? Si eres de las personas que aspiran a una vida a pleno corazón, solo existe un camino: la valentía.

Atrévete a sentir. Atrévete a ser tú. Atrévete a amar. En definitiva, ¡atrévete a vivir!

El universo de lo sencillo es un proyecto de desarrollo y crecimiento personal que ya ha inspirado y ayudado a millones de internautas en la red. Su creador, Pablo Arribas, comparte en este libro 50 reflexiones para perseguir la felicidad con ilusión, optimismo y sencillez.

«Cada día se abre ante nosotros una ocasión extraordinaria para escuchar a nuestro corazón, olvidarnos de la imposibilidad, disfrutar el camino y devolverle a los sueños el decoro, la importancia y el lugar que merecen. Es hora de levantar la voz y recordarnos que solo tenemos una vida y que tiene que valer la pena.»

El blog de Pablo Arribas *El universo de lo sencillo* ha sido finalista a Mejor Blog de Educación y Ciencia de los Premios Bitácoras 2015 y blog más votado por el público en su categoría.

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From reader reviews:

Adam Jones:

This book untitled El universo de lo sencillo: 50 reflexiones para crecer y amar como valientes (Spanish Edition) to be one of several books which best seller in this year, that's because when you read this book you can get a lot of benefit on it. You will easily to buy this kind of book in the book retailer or you can order it via online. The publisher in this book sells the e-book too. It makes you more easily to read this book, as you can read this book in your Mobile phone. So there is no reason for your requirements to past this e-book from your list.

Sherry Stevens:

Playing with family in a park, coming to see the sea world or hanging out with pals is thing that usually you might have done when you have spare time, in that case why you don't try matter that really opposite from that. Just one activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you have been ride on and with addition of knowledge. Even you love El universo de lo sencillo: 50 reflexiones para crecer y amar como valientes (Spanish Edition), you may enjoy both. It is good combination right, you still would like to miss it? What kind of hang-out type is it? Oh come on its mind hangout guys. What? Still don't understand it, oh come on its named reading friends.

Kenton Marshall:

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Oliver Whitley:

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