



Yoga Teddy Bear a - B - C

K M Copham

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Yoga Teddy Bear A - B - C is an English letter alphabet book which pairs a popular yoga pose with every letter. These poses are embodied by a colorful cast characters for whom the poses are named. Loveable characters, such as a red-nosed airplane, a leaping crocodile or a folded sandwich, encourage kids to move and explore as they learn. The soft and cuddly Yoga Teddy Bear demonstrates each pose. Every page features the letter in an easy to read, brightly colored font in both upper and lower case.

Teddy Bear A - B - C is a powerful tool to engage an active child while using movement to reinforce memory. Each page of this hard cover, full color book is packed with inviting ideas. Now children can learn the alphabet while they simultaneously learn about their bodies and the diverse world in which we live. Yoga Teddy Bear makes yoga and exercise fun and engaging - and now learning the alphabet can be fun and creative too!

Kids will quickly learn the yoga poses and the letters through K. M. Copham's playful characters. The back of this bright yellow alphabet book reads: "Can you learn the alphabet and yoga too? Yoga Teddy Bear and friends show you the way. Move, stretch, read, breathe... smile!" The front cover features Yoga Teddy Bear in five yoga poses; on the back of the book the poses are repeated as their respective characters: Airplane (A), Tree (T), Napping Crocodile (N), Sandwich (S) and Downward Dog (D).

The first page of the book features Yoga Teddy Bear in all 26 poses, while the last page features the 26 characters representing each pose. The title page of the book also has a "This Book Belongs to _____" tag so that your child has a sense of ownership and pride in their learning and progress.

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