



Training for the Tough Game of Life

Eddie Mason

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Eddie Mason, former NFL Linebacker (New York Jets, Jacksonville Jaguars, Tampa Bay Buccaneers, Washington Redskins) takes you on a deeply honest trek through a life that was marked by promise and potential-and also serious mistakes that nearly cost him everything. This book is inspiring and enlightening as it encourages readers how to get past poor choices and hurtful pasts and gives instruction how to move forward using God's Playbook for Life. Includes personal reflection questions at the end of each chapter which are ideal for building mentoring relationships.

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