



# How to Stop Cutting: A Parent's Guide to Stopping Teen Cutting Forever (1)

*Micheal Raymond*

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## **How to Stop Cutting:A Parent's Guide to Stopping Teen Cutting Forever (1) Micheal Raymond**

It is a scary thing when you know that your child is cutting themselves, but it is even harder to know what you should do about it. There are aspects about the topic that you want to know, but then there are things that you may not ever want to know, too.

Why are they doing this? You ask yourself. Is it friends? Is it drugs? Are we as parents doing something wrong?

All of these questions and more are rushing through your mind, and you are probably experiencing a wide range of emotions that go from feeling confident and helpful to scared and weak.

Don't worry, there are answers for you on this topic, and there is something that you can do to help your child work through this problem, and stop cutting themselves forever.

This book covers a wide variety of topics, including:

Why they are cutting

Signs to look for

How to help stop

And more

This book is filled with a lot of practical tips and guidance that will help you to not only understand why your teen is doing what they are doing, but that there are things that you can do to help.

Read on to discover the guidance that you need to end this harmful habit forever, and put all of your worries to rest!

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