



# Your Wife Is Not Your Sister

*Greg Amundson*

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**Your Wife Is Not Your Sister** Greg Amundson

**15 Love Lessons I Learned... The Hard Way**

*Second Edition*

Drawing on the experiences of love lessons learned the hard way, legendary CrossFit coach Greg Amundson offers insight into the unique relationship between a husband and wife.

Best known for his worldwide course on Goal Setting, Positive Self-Talk and Leadership, as well as his extensive career in Law Enforcement, Greg now opens his heart on the mistakes he made during his marriage to the most beautiful woman in the world.

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“When I searched for answers during my divorce, I sought insight from a strong Christian man with a greater understanding of my strife. I wish I had Greg’s book then. Men need to read Greg’s book and take to heart his advice on relationships, love and women.” — *Scott Puckett, SWAT Operator, Richland County Regional SWAT Team and winner of TV Show “One Man Army”*

“ This book is a gift from Greg — an honest, insightful and humorous account of his experiences and some great ideas on how to avoid the pitfalls of a modern relationship. I recommend you read it and learn from this warrior.” — *Mark Divine, Commander, US Navy (SEAL TEAM 17, SOCPAC) and founder of SEALFIT*

“ This book contains lessons Greg Amundson learned the hard way. Through his mistakes, Greg gives you a chance, he opens the door, but like the cliché goes, it’s up to you to walk through it. I suggest you do.” — *Julien Smith, New York Times bestselling author of The Flinch*

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*About the author:*

**Greg Amundson** graduated from the University of California at Santa Cruz, and spent over fourteen years in Military and Law Enforcement service to include details as a Special Weapons and Tactics Team Operator (SWAT) and Sniper in Santa Cruz County, a Captain in the United States Army, a Special Agent with the Drug Enforcement Administration (DEA) on the Southwest Border and an Agent on the highly effective Border Enforcement Security Taskforce (BEST) Team.

In addition to his extensive government work, Greg is the owner of the gym CrossFit Amundson Santa Cruz and Krav Maga Santa Cruz and is the founder of the CrossFit Goal Setting Trainer Course and the apparel company Firebreather Athletics.

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#### Gabriel Badger:

In this period of time globalization it is important to someone to obtain information. The information will make anyone to understand the condition of the world. The condition of the world makes the information easier to share. You can find a lot of referrals to get information example: internet, paper, book, and soon. You can see that now, a lot of publisher that print many kinds of book. The particular book that recommended to your account is Your Wife Is Not Your Sister this reserve consist a lot of the information on the condition of this world now. This book was represented just how can the world has grown up. The language styles that writer make usage of to explain it is easy to understand. The particular writer made some research when he makes this book. That's why this book appropriate all of you.

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