



Six Steps to a Better You

Gloria Donovan

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Six Steps to a Better You Gloria Donovan

This book integrates self-actualization into the workplace. Not only will your employees have a life design-blueprint-they will be highly motivated and equipped with the proper tools to perform at peak levels, while continually basing their decisions on solid values/virtues. This practical and easy to follow step by step workbook unifies self-actualization into your personal and professional life. It can change the way business is done in America. This book incorporates principles from: psychology--self-actualization, balance, and the self; marketing-social class; and management-organization, goal-setting, and action-planning application. Get your managers and employees working at peak levels, while using integrity and enjoying every minute. They will hate to leave the workplace!

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