



Cooking with My Sisters: One Hundred Years of Family Recipes, from Italy to Big Stone Gap

Adriana Trigiani, Mary Yolanda Trigiani

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From Adriana Trigiani, the beloved *New York Times* bestselling author of *All the Stars in the Heavens* and *The Shoemaker's Wife*, comes this collection of delicious and accessible family recipes curated by Trigiani and her four sisters—includes a new foreword and afterword by the author, as well as new recipes and photos.

Filled with dozens of recipes, many of which are inspired by the sisters' Italian-American roots, this beautiful book goes beyond cooking instructions and food photography to reveal the stories behind treasured family recipes that have been passed down from generation to generation.

Cooking has always been at the heart of the Trigiani family and has often marked memorable milestones from weddings to births to holidays and other special occasions. In *Cooking with My Sisters*, each of the Trigiani sisters' recipes is accompanied by hilarious family anecdotes, gorgeous photographs—including photos of the original, hand-written recipes—and the history of the recipe within the Trigiani family tree.

Readers are introduced to a few of the women in the Trigiani family whose culinary wisdom still lives on today in the recipes featured in this book. From Grandmom Yolanda Trigiani who was known to write her recipes in code and often worked from memory to ensure her recipes were carefully guarded to Grandma Lucia Bonicelli, a soft spoken woman who believed that when people fought at the dinner table, the food turned to poison in the body, we learn what made these women tick in the kitchen and how invaluable they were to their family and to the generations that followed.

For new and seasoned cooks alike, *Cooking with My Sisters* features easy-to-follow, mouthwatering recipes such as Chicken and Polenta to Zizi Mary's Chicken and Rice Soup as well as tempting desserts like the Perin Family Buttermilk Cake. The writing is warm, engaging, and wonderful, enticing readers not only with delectable, memorable dishes, but also with a window into a family where the kitchen table was the center of the home, where guests were welcome and life was lived Italian style.

Praise for *Cooking with My Sisters*:

"*Cooking with My Sisters* is the best Italian cookbook ever written by women from the American South. Adriana Trigiani and her sisters had the genius to unite a Southern sensibility with Italian cooking, and the stories of the Trigiani family alone are worth the price of admission."

- Pat Conroy

"My mama is from Sicily, my daddy is from Louisiana; Adriana's collection of Southern-style Italian American recipes and stories is as familiar to me as a family album. In both our families, life experiences are all related to and through the food we share. This collection fills the heart as full as the stomach! Mangia, y'all!"

-Rachael Ray

"Fabulous... when a bestselling novelist, her four sisters and their mother tie on their aprons and put their heads together to write a cookbook, chances are it'll be filled with warm reminiscences, family stories and plenty of old-world recipes. This just about sums up *Cooking with My Sisters*."

- *New York Daily News*

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Ila Petty:

This *Cooking with My Sisters: One Hundred Years of Family Recipes, from Italy to Big Stone Gap* is great publication for you because the content that is certainly full of information for you who have always deal with world and have to make decision every minute. This kind of book reveal it facts accurately using great arrange word or we can claim no rambling sentences included. So if you are read the item hurriedly you can have whole info in it. Doesn't mean it only gives you straight forward sentences but hard core information with beautiful delivering sentences. Having *Cooking with My Sisters: One Hundred Years of Family Recipes, from Italy to Big Stone Gap* in your hand like finding the world in your arm, facts in it is not ridiculous a single. We can say that no guide that offer you world with ten or fifteen small right but this guide already do that. So , this is certainly good reading book. Hey there Mr. and Mrs. active do you still doubt this?

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