



## **I See Me: Take your life from chaos to clarity.**

*Tawnya Nelson*

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# **I See Me: Take your life from chaos to clarity.**

*Tawnya Nelson*

**I See Me: Take your life from chaos to clarity.** Tawnya Nelson

Take your Life from Chaos to Clarity. Everything we see and experience is a projection of our own minds and feelings. Have you ever had a moment of clarity in your life? A moment where you were somewhere or experiencing something where you wanted to be nowhere else? A moment where all of the chaos in your world started to disappear? All the stress of your life, worries, and expectations were gone. In this book I will take you from chaos to clarity. Taking the chaos in our life, embracing that it exists, yet how we see it is what determines the outcome. Ultimately we are not our thoughts. We are not our experiences. And we are not our feelings. All of these are a beautifully designed system to allow us to create and become. When we start to step back and begin to observe our thoughts with a knowing that our "I" is the observer, we can create the experiences and the life that we desire. If you choose to read this book, you are ready to expand and discover your true self, and start to see with the "I" your highest self.

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