



El Arte de la Pareja [The Art of the Couple]

Alejandra Llamas

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El Arte de la Pareja [The Art of the Couple] Alejandra Llamas

Un libro para encontrar nuestra realización a través de las relaciones humanas.

¿Cuál es el secreto de una relación? ¿Cuál es el propósito de vivir en pareja? ¿En verdad debemos vivir así? Y si es así, ¿qué hace a una pareja feliz o funcional? Si nuestra elección es vivir en pareja, hay que vivirla para despertar espiritualmente, para lograr una evolución personal como seres humanos y para aprender lo que verdaderamente significa amar.

Pero si decidimos no hacerlo, debemos saber alejarnos de concepciones que nos lastiman y nos hacen sentir inadecuados o desestabilizadores del sistema social. Estar o no en pareja es un concepto: lo ideal es crear una profunda capacidad de amarnos a nosotros mismos y amar a los otros, con libertad y conciencia.

Please note: This audiobook is in Spanish.

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