



Grown Men Don't Cry: A Personal Journey of Despair and Hope

Michael J. Roberts

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Throughout his childhood and during his twenty years of professional service in the New Zealand Army, author Michael J. Roberts repeatedly heard a message: grown men don't cry. To cope with life's ups and downs, Roberts put on a mask and effectively concealed his emotions behind it—that is, until he was diagnosed with cancer. In *Grown Men Don't Cry*, Roberts shares his story and describes how he found inner peace by allowing himself to cry and by turning to be Jesus to be saved. This memoir narrates his personal journey as he faced recovery from a major operation, the fight against late stage-three cancer, radiation, and chemotherapy and ensuing depression. He tells how through these challenges and despair he found hope and God. A story about one man's triumph over great odds and the fear of death, *Grown Men Don't Cry* shows that no matter the despair or the pain, one must always have hope.

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