



# Rugby Classics: Total Rugby: Fifteen-a-side Rugby for Player and Coach

*Jim Greenwood*

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## **Rugby Classics: Total Rugby: Fifteen-a-side Rugby for Player and Coach** Jim Greenwood

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Total rugby is the antithesis of play-safe rugby--an open, ebullient game in which every player is encouraged to show what he can do as an attacker, defender, and supporting player. Highlighting inspirational rugby coach Jim Greenwood's radical examination of every facet of the game and his ability to clearly convey the wealth of knowledge he accumulated over many years in the sport, *Total Rugby* has become one of the game's most seminal coaching manuals.

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