



# How Love Works: A new approach to lasting partnership (Volume 1)

*Sue Allen, Jeff Allen, Helena Foss*

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What really happens when we fall in love? How come the person I once thought was the one is now annoying the hell out of me? How did we get into such a rut? How can we stop the fighting? Why did my partner have an affair? Why did I have an affair? Where did the spark go and how can we get it back? After making every mistake in the relationship book, Sue and Jeff Allen brought their marriage back from the brink of divorce and have spent the last 17 years teaching others how to do the same. In this ultimate guide to relationships, discover how to: Look beyond the myths of relationship to find a love that is real Uncover the unconscious thoughts, feelings and beliefs that sabotage your chance of relationship success Reinvigorate your love life and jumpstart your passion Understand the true purpose of your relationship How Love Works is filled with accounts of the authors own relationship as well as client stories and practical tips and exercises. This is everything you always needed to know about relationships but have never been taught until now.

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