



El asma en un minuto: Lo que usted necesita saber (Spanish Edition)

Thomas F. Plaut, MD

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This easy-to-read guide will help people with asthma stay out of the emergency room, out of the hospital and as active as everyone else. It is an ideal guide for parents, patients and anyone who needs a quick asthma reference book. Accurate, clear, and illustrated with line drawings and charts, One Minute Asthma covers the basics of asthma and the medicines used to treat it. Readers will learn how to recognize symptoms, monitor the progress of an episode and communicate clearly with health professionals.



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