

God's Secret Ways Of Losing Weight: My Body, God's Temple

Francesca Ify Iwunze

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One thing have I desired of the LORD, that will I seek after, that I may dwell in the presence of the LORD all the days of my life to behold the beauty of the LORD, and to enquire in his temple (psalm 27:4 KJV). This verse captures the fervent heart of Francesca for God. Studied food and nutrition, B.Sc., and RN/BSN in Nursing, Francesca Ify Iwunze loves the LORD passionately and loves to work for him. She attended MFM School of prayers. She currently serves as the servants' women leader of glorious women in MFM "House of His glory" St Paul Minnesota. When Francesca is not working for God, She mentors clients to maintain a healthy diabetic diet and other dieting program., The author Francesca Ify Iwunze is a lover of good nutritious food. She works as Nurse Supervisor and as a Public Health Nurse Mentor nursing student from Globe University in transition at Crown Medical Center Minneapolis. She lives in Minnesota with her family. Francesca is the author God's Secret ways of losing weight "My Body, God's Temple" and a Founder of Sanctuary Recipes diet. Francesca Loves to decorate when her busy schedule allows her and can turn an empty home into heaven. She loves to give tips on how you can live a simple life and invite the peace of the Holy Spirit into your home. Francesca added that Laziness and failure is not an option in life, just find something new to improve in one's life. Francesca says if you eat well balance food your age and wrinkles will disappear and you age by the grace of GOD. Age is only a number. GOD KNOWS US WELL AND OUR AGE.



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